

Blue Cross and Blue Shield of Illinois Provider Manual

HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association

Acupuncture

Benefit

Acupuncture is in benefit if determined medically necessary by the Primary Care Physician (PCP) for the following HMO products: HMO Illinois®, Blue Advantage HMOSM. Acupuncture is not in benefit for the following HMO products: Blue Precision HMOSM, BlueCare DirectSM and Blue FocusCareSM.

Interpretation

Acupuncture is the technique in which practitioners insert fine needles into the skin to treat health problems. Acupuncture has been utilized for a variety of clinical conditions, including:

- Induction of surgical anesthesia
- Relief of pain
- Alleviation of withdrawal symptoms of substance abuse
- Treatment of various non-painful disorders

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| Paid by | IPA (if referred by the PCP) Member (if not referred by the PCP) |
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Coverage Variation

Blue Precision HMO, BlueCare Direct and Blue FocusCare members – Acupuncture is not a covered benefit.

Note: Refer to Tobacco Cessation for additional information regarding laser acupuncture treatment for tobacco cessation.