

Blue Cross and Blue Shield of Illinois Provider Manual

HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association

Apnea Monitors

Benefit

Apnea monitors are a covered benefit for members up to 12-months of age who:

- Have had a clinically significant episode of apnea.
- Have a history of a sibling with SID.

Parent or guardian training and instruction by a physician or nurse in use of monitor and appropriate response to warnings from the monitor are also eligible for benefit.

Interpretation

Clinically significant apnea in infants is defined as a condition in which:

- (a) breathing stops for 20 seconds or longer; or
- (b) breathing stops for less than 20 seconds when associated with bradycardia (slowing of heartbeat) or cyanosis (bluish discoloration of the skin).

Non-covered services include:

- Installation of back-up electrical systems
- Housing alterations
- Nursing services when the only activity performed by the nurse is observing and responding to the monitor alarm.

Paid by	Equipment Charges	HMO
	Professional Charges	IPA