



**BlueCross BlueShield**  
of Illinois

# Blue Cross and Blue Shield of Illinois Provider Manual

## HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,  
an Independent Licensee of the Blue Cross and Blue Shield Association

# Biofeedback Therapy

## Benefit

Biofeedback is in benefit if determined to be medically necessary by a primary care provider or specialist.

## Interpretation

Biofeedback is a therapeutic technique and training experience, by which the member is taught to exercise control over a physiologic process occurring in the body. Biofeedback therapy often uses electrical devices to transform body signals indicative of such functions as heart rate, blood pressure, skin temperature, salivation, peripheral vasomotor activity, and gross muscle tone, into sound or light, the loudness or brightness of which shows the extent of activity in the functions being measured. Such visual, auditory or other evidence aids the member in efforts to assert voluntary control over the functions, and thereby alleviate an abnormal body condition or symptom.

<b>Paid by</b>	Professional Charges	<b>IPA</b>
	Equipment Charges	<b>HMO</b>
	Facility Charges	<b>IPA</b>