



**BlueCross BlueShield
of Illinois**

Blue Cross and Blue Shield of Illinois Provider Manual

HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association

Home Uterine Activity Monitoring (HUAM)

Benefit

Home uterine activity monitoring is not a covered benefit because efficacy has not been documented.

Interpretation

Home Uterine Activity Monitoring (HUAM) is a diagnostic procedure performed in the pregnant member's home to detect changes in uterine activity that may have predictive value in managing pre-term labor. The procedure utilizes a sensor that is attached to the member's abdomen and which records and stores uterine activity for subsequent telephone transmission to a monitoring center. The monitoring center analyzes the transmitted data, assesses the need for additional medical intervention and provides this data to the attending obstetrician. A daily nursing contact as well as availability of nursing consultation on a 24-hour basis is an essential component of this service. A variety of medications including tocolytic agents may be utilized.

Home uterine activity monitoring services have become a component of many pre-term labor treatment regimes. This technology has continued to undergo clinical study. The American College of Obstetricians and Gynecologists in May of 1996, after review of all available studies concluded that it does not recommend the use of this system of care. Subsequent review has not changed this recommendation. Therefore, HUAM is not covered because its use is investigational.

While HUAM is not covered, claims for related services, such as home health care nursing visits and medications, are in benefit subject to the same restrictions that are present for other conditions.

Paid by	HUAM	Member
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Note: See related benefits interpretation on Home Health Care