



**BlueCross BlueShield  
of Illinois**

# Blue Cross and Blue Shield of Illinois Provider Manual

## HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,  
an Independent Licensee of the Blue Cross and Blue Shield Association

# Orthotic Devices

## Benefit

Prescription orthotic devices used to alleviate or correct a condition arising from illness or injury are covered. Adjustments and repair of the device(s) are covered.

## Interpretation

An orthotic device is a rigid or semi-rigid supportive device that assists body function by restricting or eliminating motion of a weak or diseased body member.

The following orthotic devices are covered when medically necessary and prescribed by an IPA physician:

- Braces (leg, arm, neck, back, and shoulder)
- Corsets (back and special surgical corsets)
- Splints (extremity)
- Trusses (including Sykes hernia control device)
- Prescription, custom foot orthotics (see below)
- Oral orthotics (see benefits interpretation on Temporomandibular Disorder)
- Prescription helmets following cranial surgery

Foot orthotics are in a special category, and include orthopedic foot appliances, inlays, or transferable shoe inserts. Wedges, elevations, pockets and other corrections can be incorporated into the orthotic to treat many foot ailments. Prescription foot orthotics or splints are those which are custom-made for the member. Custom-made prescription foot orthotics are covered if determined to be medically necessary by an IPA physician.

**Stock foot orthotics which are pre-formed, available in standard sizes and not custom made for the member are not in benefit.** These include arch supports, orthotic splints, shoe inserts and other foot support devices. Regular orthopedic and diabetic shoes (including custom made) are not in benefit. Orthopedic shoes that are an integral part of a leg brace are in benefit.

Coverage for prescription orthotics includes the following services:

- Orthopedic, podiatric, or other professional examinations
- Impressions, casts and imprints
- Models
- Range of motion studies
- Visits for casting (impressions), dispensing and "checkup" after the orthotic is dispensed
- Use of Electrodynogram (EDG) to evaluate orthotic

If the IPA uses a non-contracting provider, the member cannot be held responsible for the cost of the equipment. The HMO will reject the claim and the IPA is liable for the cost of the equipment.

<b>Paid by</b>	Physician/Professional/Supply Charges including "L" code list on next page	<b>IPA</b>
	Equipment Charges (from a contracted provider)	<b>HMO</b>
	Equipment Charges (from a non-contracting provider)	<b>IPA</b>

**Note: See related benefit Guidelines on DME, Medical Supplies, and Prosthetics**

**Note:** Blue Precision HMO<sup>SM</sup> and BlueCare Direct<sup>SM</sup> have a separate contracted provider list for Durable Medical Equipment (DME) and Orthotic and Prosthetic devices.

**Note:** Effective July 1, 2013, Medicare Primary members must use a Medicare Contracted Provider to ensure coverage by Medicare. If submitting the claim to the HMO for coordination of benefits and the provider is not an HMO contracted provider – stamp the claim group approved and indicate in writing "Medicare Contracted Billing."

The following codes are examples of those that are considered off the shelf and do not require the skills of an orthotist or prosthetist to fit. Professional Claims that contain L codes will be the responsibility of the IPA; IPA providers should not bill L codes except for off the shelf items. The IPA may not send split risk claims to the HMO to pay for services billed by IPA physicians.

Code	Description	Deleted/Removed Date
A4466	Garment, belt, sleeve or other covering, elastic or similar stretchable material, any type, each	<b>Code deleted by CMS 12/31/2016</b>
A4467	Belt, strap, sleeve, garment, or covering, any type	
L0120	Cervical, flexible, nonadjustable (foam collar)	
L0160	Cervical, semi-rigid, wire frame occipital/mandibular support, prefabricated, off-the-shelf	
L0172	Cervical, collar, semi-rigid thermoplastic foam, 2 piece, prefabricated, off-the-shelf	
L0174	Cervical, collar, semi-rigid, thermoplastic foam, 2 piece with thoracic extension, prefabricated, off-the-shelf	
L0210	Thoracic, rib belt	1/1/2010
L0450	TLSO, flexible, upper thoracic region, prefabricated, off the shelf	
L0454	TLSO, flexible, provider trunk support, prefabrication, includes fitting & adjustment	1/1/2015
L0455	TLSO, flexible, provides trunk support & extends from sacrococcygeal junction to above T-9 vertebra, prefabricated, off the shelf	
L0457	TLSO, flexible, provides trunk support, thoracic region, rigid posterior panel & soft anterior apron, extends from sacrococcygeal junction & terminates just inferior to scapular spine, prefabricated, off the shelf	
L0467	TLSO, sagittal control, rigid posterior frame & flexible soft anterior apron with straps, closures and padding, prefabricated, off the shelf	
L0469	TLSO, sagittal-coronal control, prefabricated, off the shelf	
L0621	Sacroiliac Orthosis, flexible, provides pelvic-sacral support, prefabricated, off the shelf	
L0623	Sacroiliac orthotic, provides pelvic sacral support with rigid or semi rigid panels over sacrum & abdomen, prefabricated, off the shelf	
L0625	Lumbar Orthosis, flexible, provides lumbar support, prefabricated, off the shelf	
L0628	Lumbar Sacral Orthosis, flexible, provider lumbo sacral support, prefabricated, off the shelf	
L0641	Lumbar orthosis, sagittal control, with rigid posterior panel, posterior extends from L-1 to below L-5 vertebra, prefabricated, off the shelf	
L0642	Lumbar orthosis, sagittal control, with rigid anterior & posterior panels, posterior extends L-1 to below L-5, prefabricated, off the shelf	
L0643	Lumbar sacral orthosis, sagittal control, with rigid posterior panel, posterior extends from sacrococcygeal junction to T-9 vertebra, prefabricated, off the shelf	
L0648	Lumbar sacral orthosis, sagittal control, with rigid anterior & posterior panels, posterior extends from sacrococcygeal junction to T-9, prefabricated, off the shelf	
L0649	Lumbar sacral orthosis, sagittal coronal control, with rigid posterior frame, posterior extends from sacrococcygeal junction to T-9, lateral strength provided by rigid lateral frame, prefabricated, off the shelf	
L0650	Lumbar sacral orthosis, sagittal coronal control with rigid anterior & posterior frame, posterior extends from sacrococcygeal junction to T-9, lateral strength provided by rigid lateral frame, prefabricated, off the shelf	

Code	Description	Deleted/Removed Date
L0651	Lumbar sacral orthosis, sagittal coronal control, rigid shell, posterior extends from sacrococcygeal junction to T-9, anterior extends from symphysis pubis to xyphoid, prefabricated, off the shelf	
L0980	Peroneal straps, prefabricated, off-the-shelf, pair	
L0982	Stocking supporter grips, prefabricated, off-the-shelf, set of four (4)	
L0984	Protective body sock, prefabricated, off-the-shelf, each	
L1600	Hip Orthosis, adduction control of hip joints, prefabricated	1/1/2015
L1810	KO, elastic with joints, prefabricated,	1/1/2015
L1812	Knee orthosis, elastic with joints, prefabricated, off the shelf	
L1825	KO, elastic knee cap, prefabricated, includes fitting and adjustment	12/31/2010
L1830	KO, immobilizer, canvas longitudinal prefabricated, includes fitting & adjustment, off the shelf	
L1831	Knee Orthosis, locking knee joint(s), positional orthosis, prefabricated	
L1833	Knee Orthosis, adjustable knee joints, positional, rigid support, prefabricated, off the shelf	
L1836	KO, rigid, without joints, includes soft interface material, prefabricated, off the shelf	
L1848	KO, double upright with adjustable joint, with inflatable air support chambers, prefabricated, off the shelf	
L1850	KO, Swedish type, prefabricated, off the shelf	
L1902	AFO, ankle gauntlet, prefabricated, off the shelf	
L1906	AFO, multiligamentous ankle support, prefabricated, off the shelf	
L1910	AFO, posterior, single bar, clasp attachment to shoe counter, prefabricated	
L3000	Foot insert, removable, molded to patient model, UCB type, Berkeley Shell, each	
L3001	Foot insert, removable, molded to patient model, Spenco, each	
L3002	Foot insert, removable, molded to patient model, plastazote or equal, each	
L3003	Foot insert, removable, molded to patient model, silicone gel, each	
L3010	Foot insert, removable, molded to patient model, longitudinal arch support, each	
L3020	Foot insert, removable, molded to patient model, longitudinal/metatarsal support, each	
L3030	Foot insert, removable, formed to patient foot, each	
L3031	Foot, insert/plate, removable, addition to lower extremity orthotic, high strength, lightweight material, each	
L3040	Foot, arch support, removable, premolded, longitudinal, each	
L3050	Foot, arch support, removable, premolded, metatarsal, each	
L3060	Foot, arch support, removable, premolded, longitudinal/metatarsal, each	
L3070	Foot, arch support, non-removable attached to shoe, longitudinal, each	
L3080	Foot, arch support, non-removable attached to shoe, metatarsal, each	
L3090	Foot, arch support, non-removable attached to shoe, longitudinal/metatarsal, each	
L3100	Hallus-vulgas night dynamic splint, prefabricated, off the shelf	
L3170	Foot, plastic, silicone or equal, heel stabilizer, prefabricated, off the shelf, each	
L3260	Surgical Boot/shoe, each	
L3265	Plastazote sandal, each	
L3480	Heel, pad and depression for spur	
L3485	Heel, pad, removable for spur	
L3500	Orthopedic shoe addition, insole, leather	
L3510	Orthopedic shoe addition, insole, rubber	
L3530	Orthopedic shoe addition, sole, half	
L3540	Orthopedic shoe addition, sole, full	
L3550	Orthopedic shoe addition, toe tap, standard	
L3560	Orthopedic shoe addition, toe tap, horseshoe	
L3650	Shoulder Orthosis, figure 8 design, abduction restrainer, prefabricated	
L3652	Shoulder Orthosis, double shoulder elastic, prefabricated, off the shelf	1/1/2015
L3660	SO, figure of eight design abduction restrainer, canvas and webbing, prefabricated, off the shelf	

<b>Code</b>	<b>Description</b>	<b>Deleted/Removed Date</b>
L3670	SO, acromio/clavicular (canvas & webbing type), prefabricated, off the shelf	
L3675	Shoulder Orthosis, vest type abduction restrainer, canvas webbing type or equal, prefabricated, off the shelf	
L3678	Shoulder orthosis, shoulder joint design, without joints, may include soft interface, straps, prefabricated, off the shelf	
L3700	EO, elastic with stays, prefabricated, includes fitting and adjustment	12/31/2010
L3701	Elbow orthosis, elastic, prefabricated, includes fitting and adjustment (e.g. neoprene, lycra)	12/31/2010
L3710	Elbow orthosis, elastic with metal joints, prefabricated, off-the-shelf	
L3762	Elbow orthosis, rigid, without joints, includes soft interface material, prefabricated, off the shelf	
L3809	Wrist hand finger orthosis, without joint(s), prefabricated, off-the-shelf, any type	
L3908	WHO, wrist extension control cock-up, nonmolded, prefabricated, off the shelf	
L3909	WO, elastic, prefabricated, includes fitting and adjustment	12/31/2010
L3911	Wrist hand finger orthosis, elastic, prefabricated, includes fitting and adjustment (e.g. neoprene, lycra)	12/31/2010
L3912	Hand finger orthosis, flexion glove with elastic finger control, prefabricated, off the shelf	
L3916	Wrist hand orthotic, includes one or more non-torsion joint, elastic bands, turnbuckles, may include soft interface, straps, prefabricated, off the shelf	
L3918	Hand orthosis, metacarpal fracture orthosis, prefabricated, off the shelf	
L3924	Hand finger orthosis, without joints, may include soft interface, straps, prefabricated, off the shelf	
L3925	Finger orthosis, proximal interphalangeal/distal interphalangeal, non-torsion joint/spring, extension/flexion, may include soft interface, prefabricated, off the shelf	
L3927	Finger orthosis, proximal interphalangeal/distal interphalangeal, without joint/spring, extension/flexion, may include soft interface, prefabricated, off the shelf	
L3930	Hand finger orthosis, includes one or more non-torsion joints, turnbuckles, elastic bands/springs, may include soft interface, prefabricated, off the shelf	
L4350	Ankle Control Orthosis, Stirrup Style, Rigid, Includes Any Type Interface (E.G., Pneumatic, Gel), Prefabricated, off the shelf	
L4360	Walking boot (e.g. air cast), pneumatic, with or without joints; includes fitting & Adjustment	1/1/2015
L4361	Walking boot, pneumatic and/or vacuum, with or without joints, with or without interface material, prefabricated, off the shelf	
L4370	Pneumatic full leg splint, prefabricated, off the shelf	
L4386	Walking boot, nonpneumatic, with or without joints, with or without interface material, prefabricated, includes fitting & adjustment	1/1/2015
L4387	Walking boot, non-pneumatic, with or without joints, with or without interface material, prefabricated, off the shelf	
L4396	Static or dynamic AFO, including soft interface material, adjustable for fit, for positioning, may be used for minimal ambulation, prefabricated, includes fitting & adjustment	1/1/2015
L4397	Static or dynamic ankle foot orthosis, including soft interface material, adjustable for fit, for positioning, may be used for minimal ambulation, prefabricated, off the shelf	
L4398	Foot drop splint recumbent positioning device, prefabricated, off the shelf	