



**BlueCross BlueShield
of Illinois**

Blue Cross and Blue Shield of Illinois Provider Manual

HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association

Pain Management Programs

Benefit

A formal pain management program is in benefit if the PCP refers the member for this service.

Interpretation

Chronic pain syndromes can be refractory to standard management. Such pain can be addressed in a coordinated, multidisciplinary pain management program that may be either inpatient or outpatient.

Inpatient: A short hospital (or institutional) stay may be required for a member needing an intense pain rehabilitation program that includes a multidisciplinary coordinated team approach. Such a member typically will have failed all attempts at treatment with less intense modalities.

Outpatient: Coordinated, multi-disciplinary outpatient pain rehabilitation programs may be appropriate for members with chronic pain. Outpatient therapy visits in such a program are charged against the cumulative outpatient physical therapy benefit.

Day hospital programs for pain management are addressed in the section on Day Rehabilitation Programs.

Paid by	Inpatient and/or Outpatient Surgical Facility Charges	HMO
	Outpatient Charges	IPA
	Professional Charges	IPA

Note: See related benefit Guidelines on Day Rehabilitation Programs